

***Welcome to the 8<sup>th</sup>  
European Bifurcation Club  
12-13 October 2012 - Barcelona***

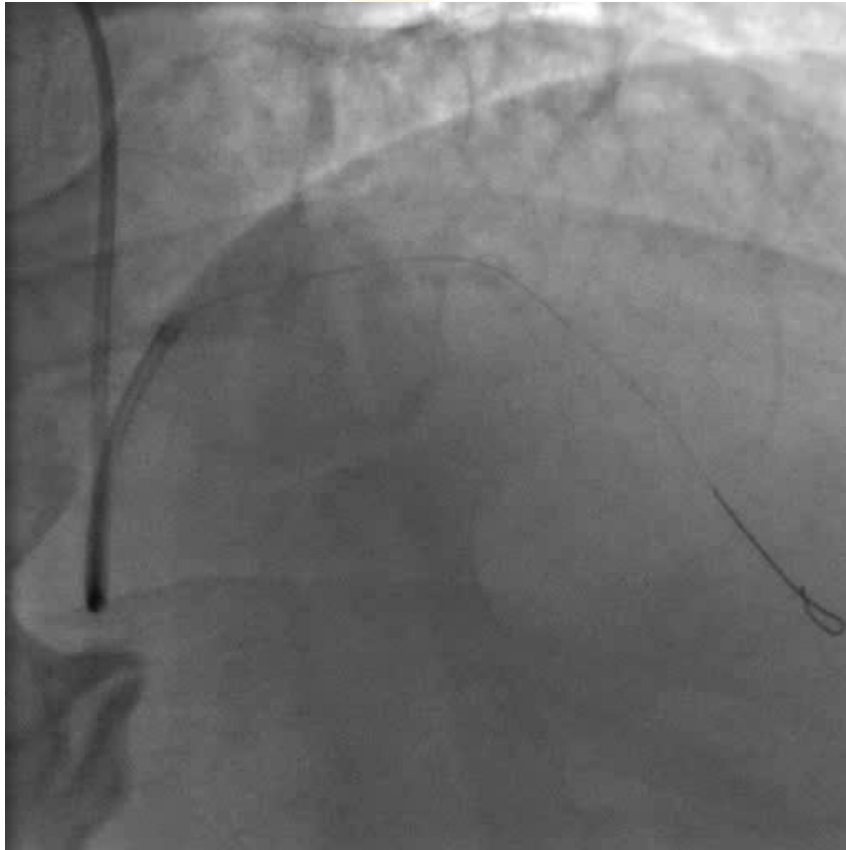
Non Left Main bifurcation lesion  
Where is the balance today?

**POT or Kiss or both?**

Olivier Darremont  
Clinique St Augustin, Bordeaux  
France

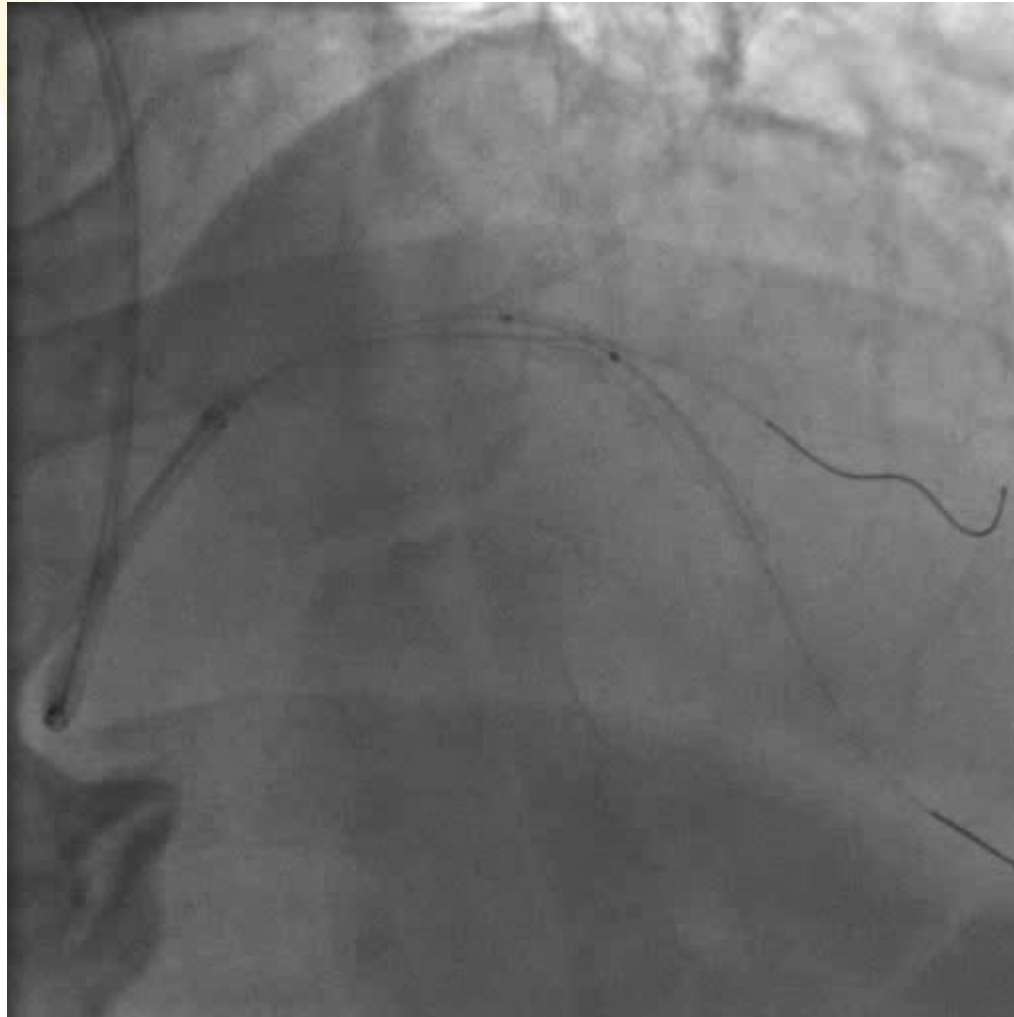
*European Bifurcation Club*





- 65 years old male
- HBP, dyslipidemia
- Effort angina
- positive stress test on LAD

# After Main branch stenting





## POT, what for?

- To adapt the stent to the fractal anatomy : apposition to the proximal main
- To facilitate the distal side branch recrossing
- To avoid recrossing under the stent

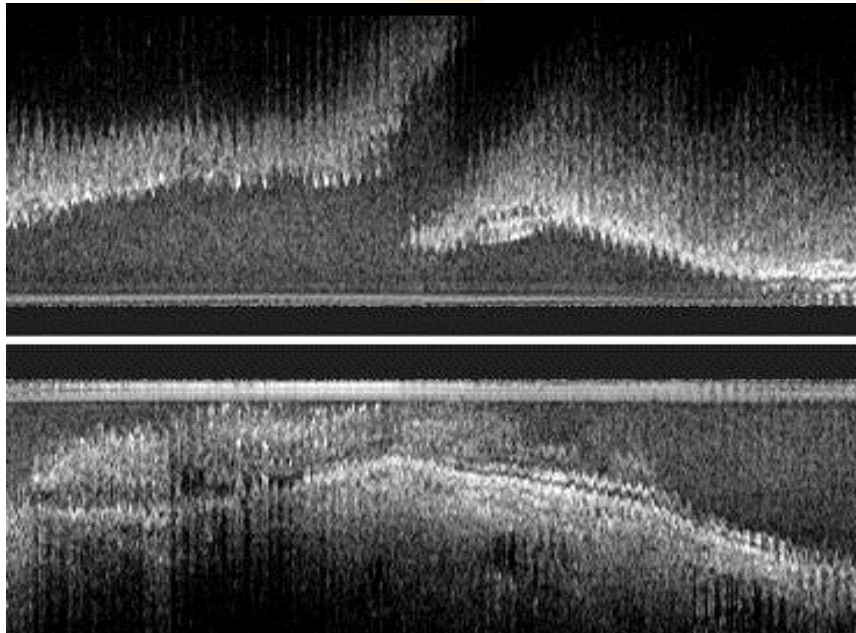


# Diameters relationship in bifurcations HK model

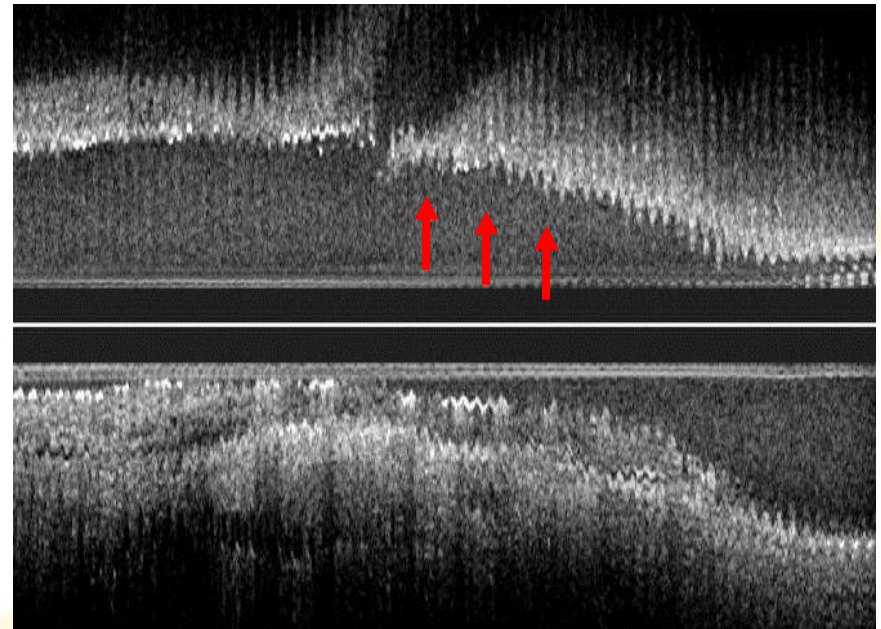
Diameter of smaller daughter vessel	Diameter of larger daughter vessel (in terms of the main stent sizes in use)							
(mm)	2.25	2.50	2.75	3.00	3.25	3.50	3.75	4.00
2.25	3.03	3.20	3.39	3.58	3.78	3.99	4.20	4.42
	$\Delta=0.78$	$\Delta=0.70$	$\Delta=0.64$	$\Delta=0.58$	$\Delta=0.53$	$\Delta=0.49$	$\Delta=0.45$	$\Delta=0.42$
2.50		3.36	3.54	3.72	3.91	4.11	4.32	4.53
		$\Delta=0.86$	$\Delta=0.79$	$\Delta=0.72$	$\Delta=0.66$	$\Delta=0.61$	$\Delta=0.57$	$\Delta=0.53$
2.75			3.70	3.87	4.06	4.25	4.44	4.64
			$\Delta=0.95$	$\Delta=0.87$	$\Delta=0.81$	$\Delta=0.75$	$\Delta=0.69$	$\Delta=0.64$
3.00				4.04	4.21	4.39	4.58	4.77
				$\Delta=1.04$	$\Delta=0.96$	$\Delta=0.89$	$\Delta=0.83$	$\Delta=0.77$
3.25					4.37	4.55	4.73	4.91
					$\Delta=1.12$	$\Delta=1.05$	$\Delta=0.98$	$\Delta=0.91$
3.50						4.71	4.88	5.06
						$\Delta=1.21$	$\Delta=1.13$	$\Delta=1.06$
3.75							5.05	5.22
							$\Delta=1.30$	$\Delta=1.22$
4.00								5.38
								$\Delta=1.38$

# Carina Shift vs. Plaque Shift

Before stenting



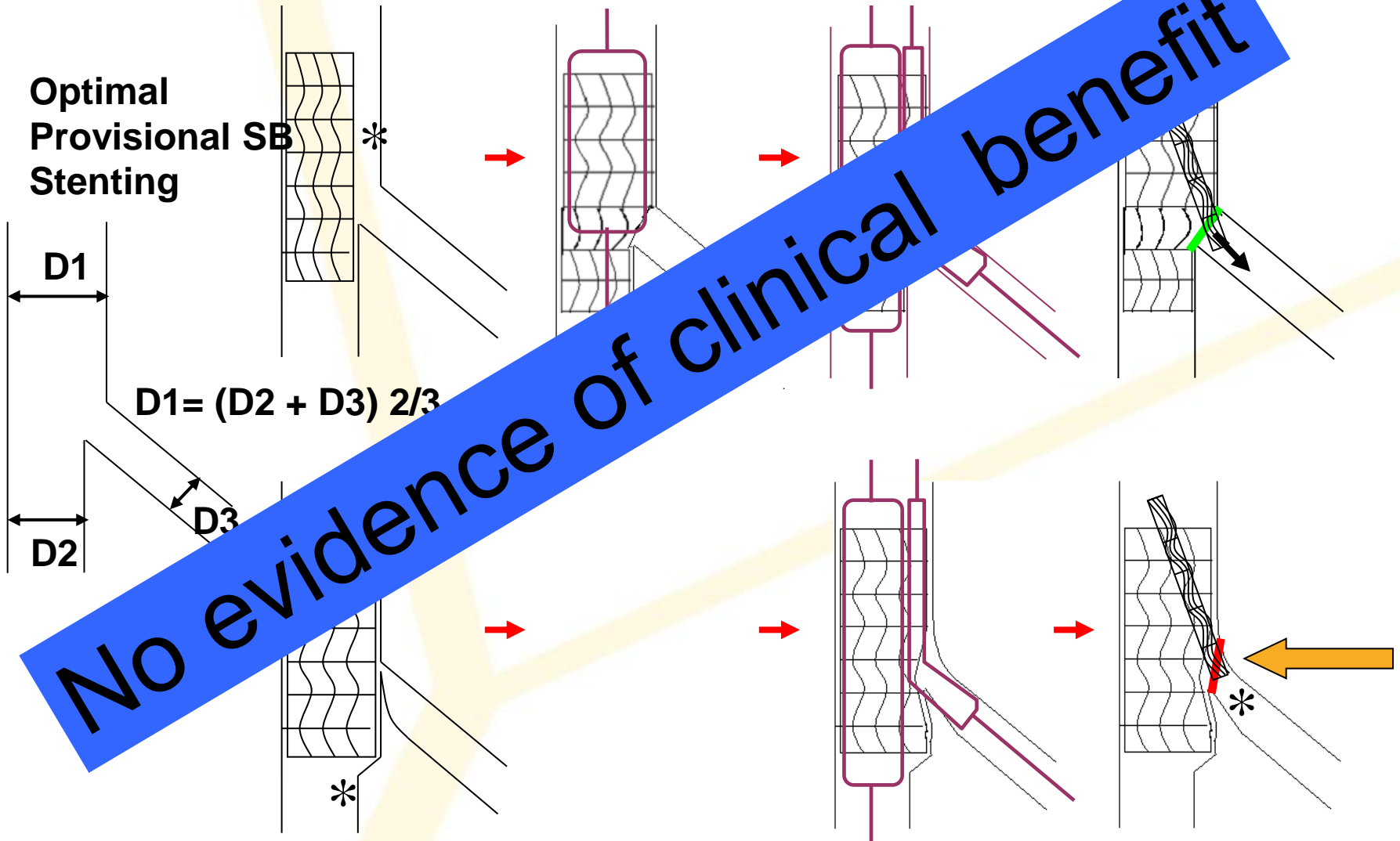
After stenting



Stent over-expansion in the main branch increases the risk of SB occlusion, which can be reduced by IVUS-guided stent size selection.



# Successful POT vs no POT





# After POT





# Kiss, what for?

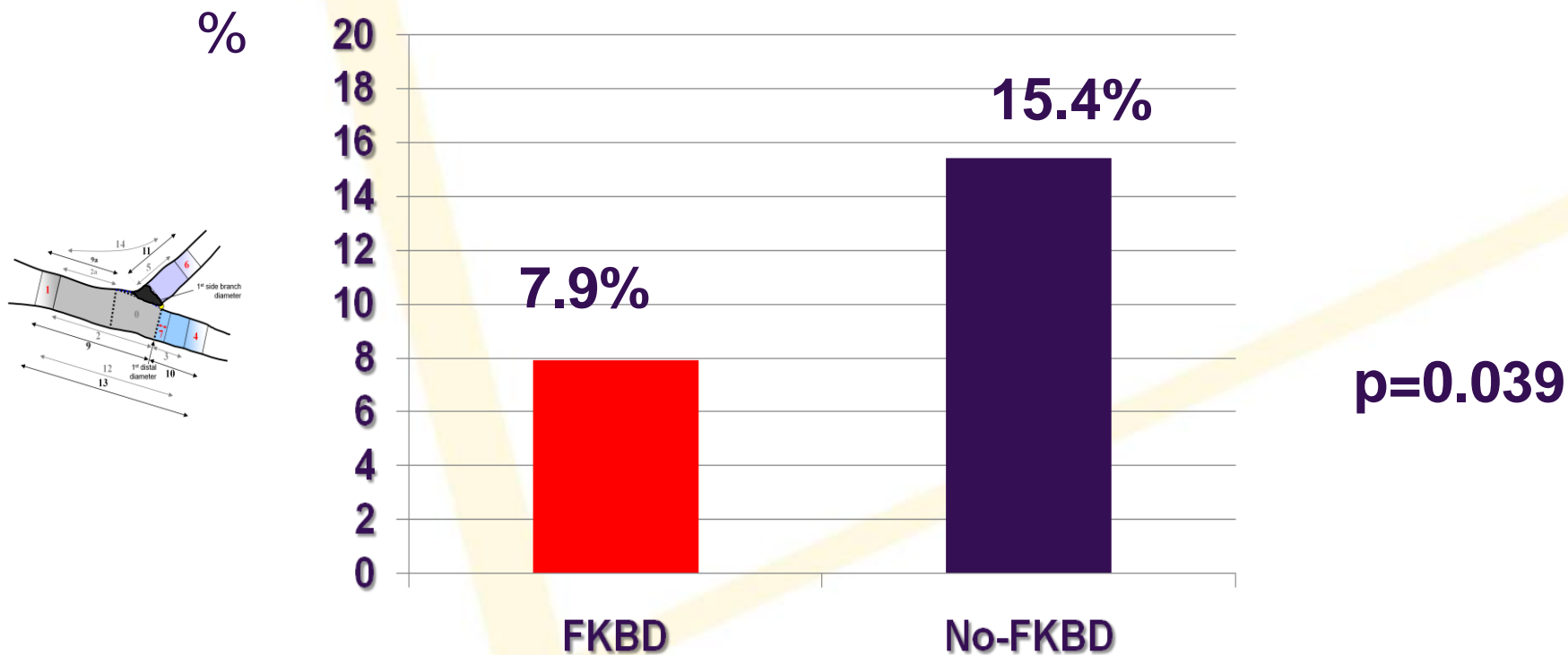
- To correct a **poor result** in SB
  - TIMI flow < 3, EKG, Pain...
  - carena / plaque shift
  - previous stenosis
  - to prepare a SB
- When SB **poor** result / flow are good :
  - **to remove the jail strut**
  - to relocate the flow divider
  - Correct stent deformation after side ballooning

**No evidence of clinical benefit**



# Nordic-Baltic Bifurcation Study III (6 m)

## (Re)stenosis: Ostial Side Branch



Binary Restenosis:  $\geq 50\%$  diameter stenosis at follow-up



# Nordic-Baltic Bifurcation Study III (6 m)

## True Bifurcation Subgroup

Medina 1,0,1 - 0,1,1 – 1,1,1

	FKBD (n=92)	No-FKBD (n=80)	p
8m SB $\geq$ 50% DS (%)	7.6	20.0	0.024



# COBIS Registry

## Independent Risk Factors for MACE and TLR

	<b>HR (95%CI)</b>	<b>P value</b>
<b>MACE</b>		
Final kissing ballooning	2.01 (1.29–3.13)	0.002
Use of paclitaxel-eluting stent	1.98 (1.34–2.92)	0.001
Stent length in the main vessel	1.02 (1.001–1.03)	0.03
<b>TLR</b>		
Final kissing ballooning	3.09 (1.84–5.16)	<0.001
Use of paclitaxel-eluting stent	2.28 (1.45–3.59)	<0.001
Stent length in the main vessel	1.02 (1.01–1.04)	0.01
Stent diameter in the main vessel	0.42 (0.20–0.89)	0.02

# Kissing With NC Balloons

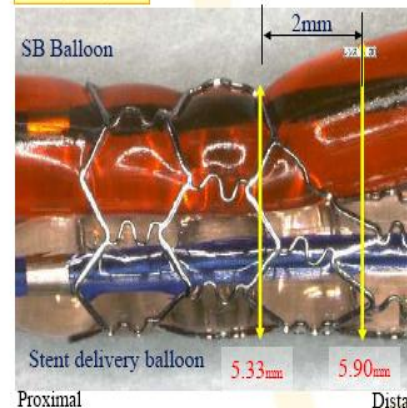
**Don't kiss too big (non-compliant balloons)**

1 year	n=99
Target lesion revascularisation	3
Stent thrombosis	0
Myocardial infarction	0
Cardiac death	1
Non-cardiac death	2
Total MACE	4

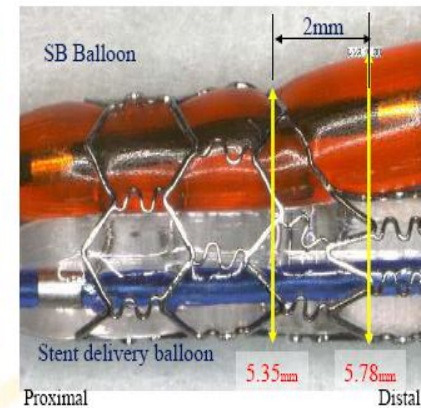
**Side Branch stent 6**

## Results

Cypher (J&J)



Semi-Compliant Balloon (Ryuujin Plus, Terumo)



Non-Compliant Balloon (Hiryu, Terumo)



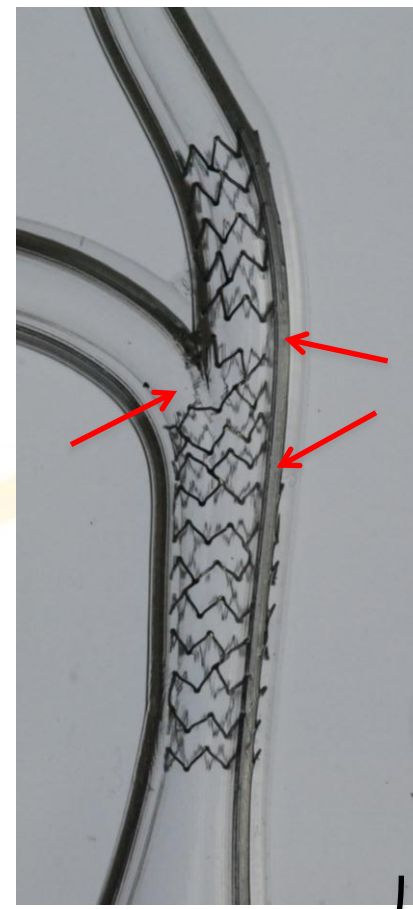
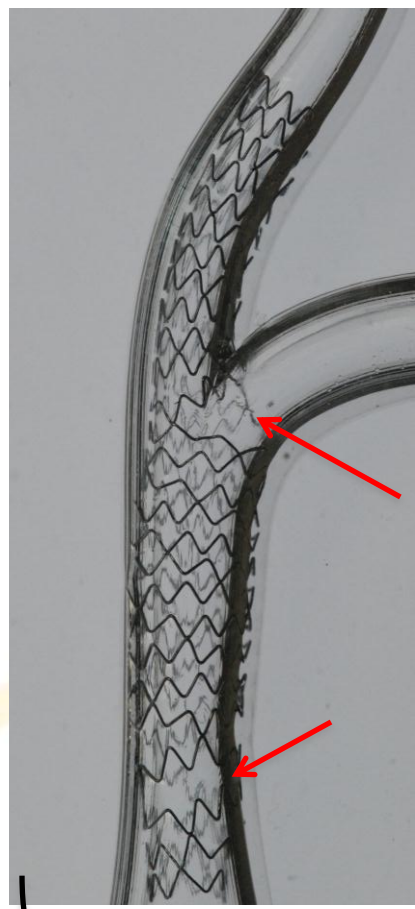
# “Kissing with 3.5mm stents”

NOBORI

XIENCE Prime

INTEGRITY

ELEMENT



3 connectors



+1

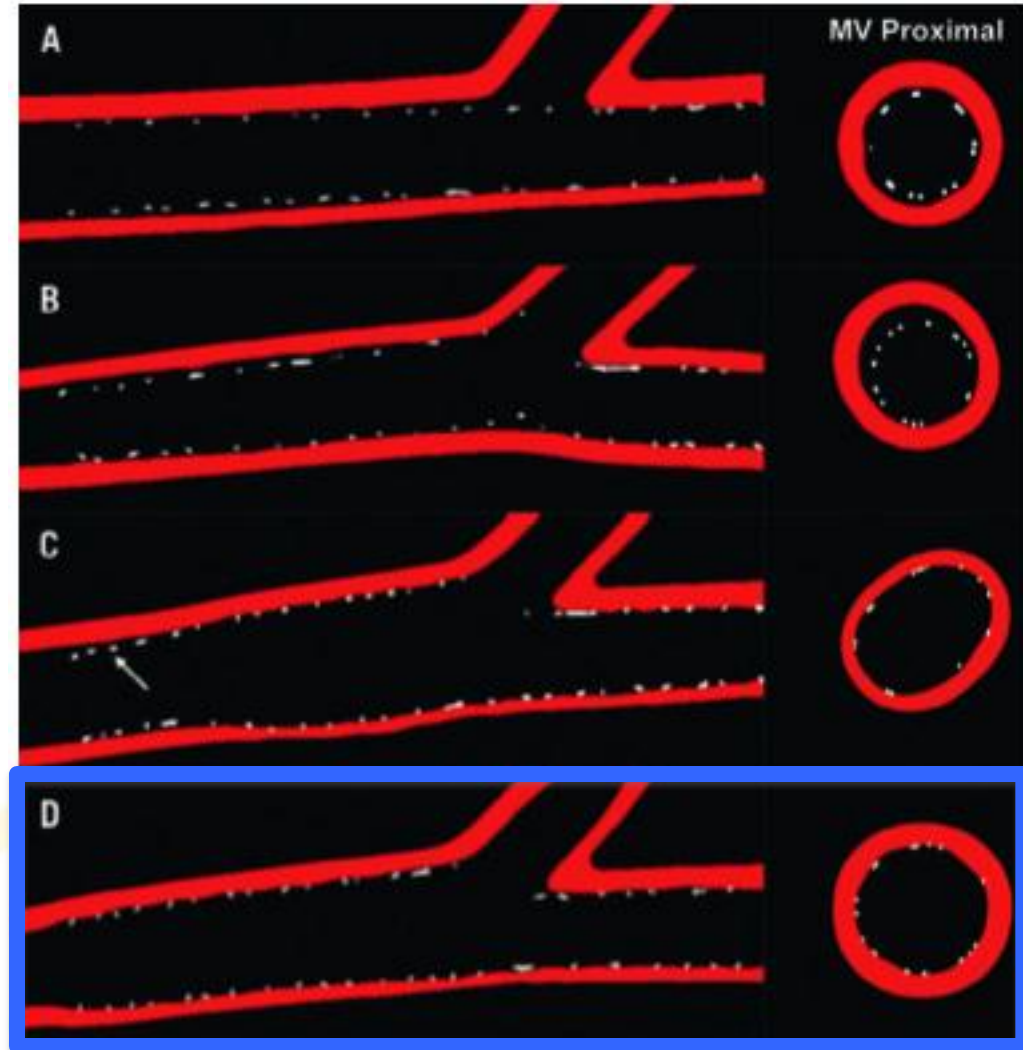
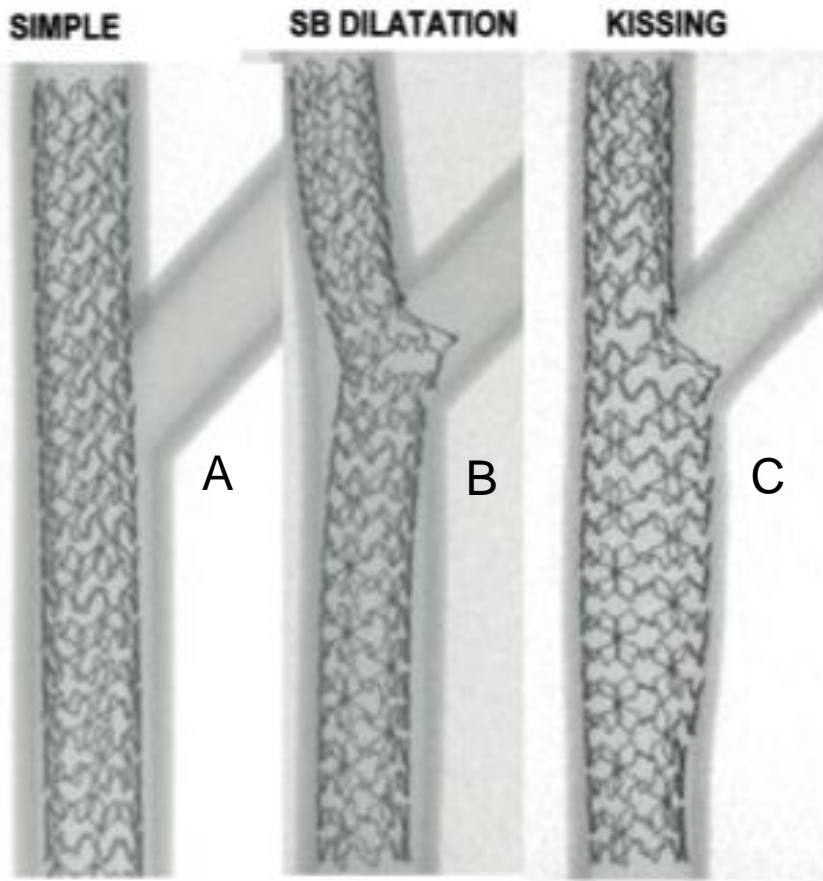
2 connectors



# Kissing NC and final result



# Final POT?





# Conclusion

- POT, always first
- Kiss, only if side branch lesion
- Final POT after kissing??