

Left Main OCT-guided PCI

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2018 ESC/EACTS Guidelines on myocardial revascularization

Recommendations on intravascular imaging for procedural optimization

Recommendations	Class ^a	Level ^b
IVUS or OCT should be considered in selected patients to optimize stent implantation. ^{603,612,651–653}	IIa	B
IVUS should be considered to optimize treatment of unprotected left main lesions. ³⁵	IIa	B

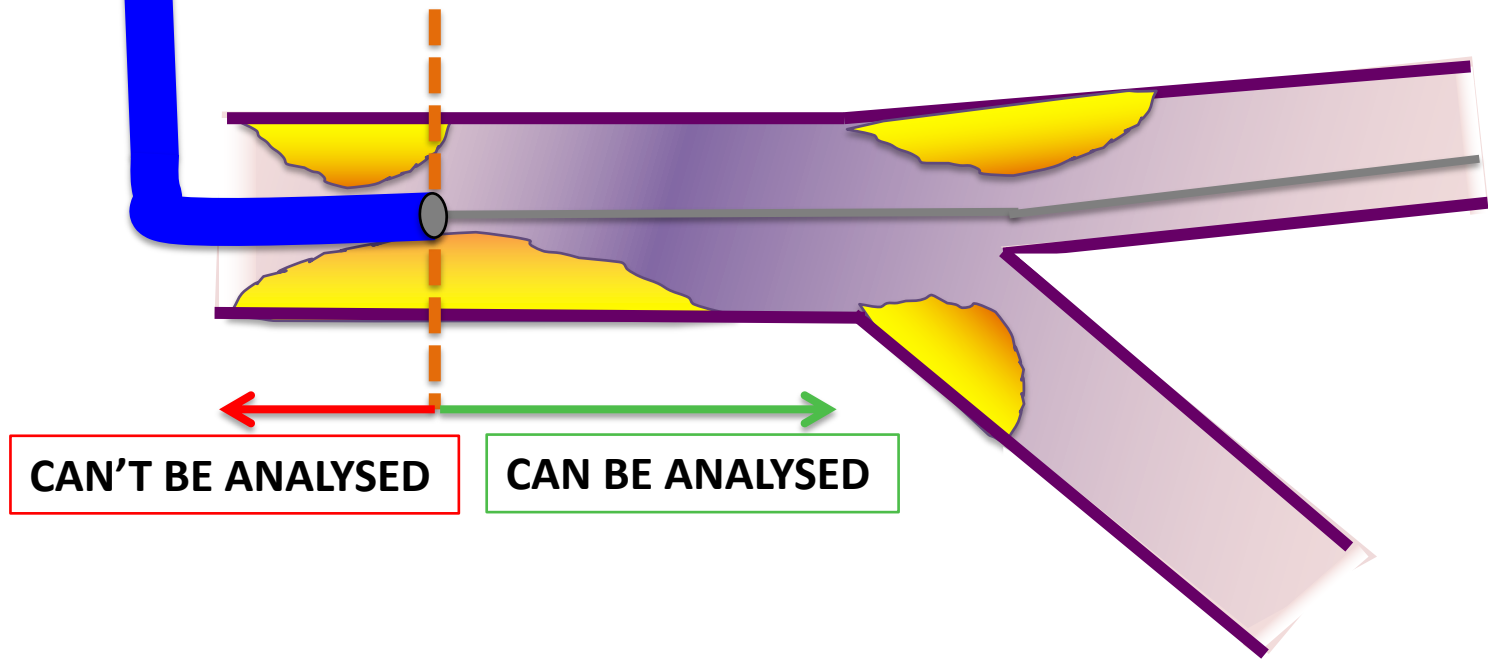
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IVUS = intravascular ultrasound; OCT = optical coherence tomography.

^aClass of recommendation.

^bLevel of evidence.

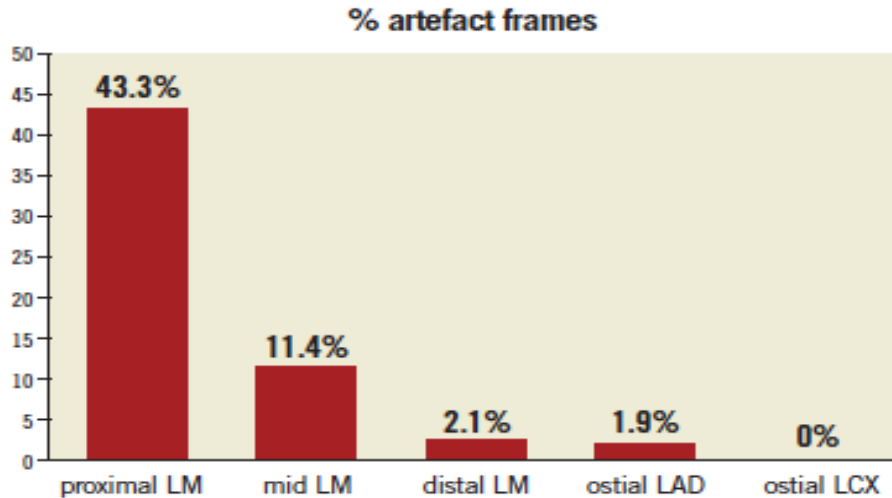
Technical issues in LMA OCT analysis



IS LM OCT ANALYSIS FEASIBLE ?

ARTEFACTS

Retrospective analysis of 54 LMA OCT runs
% non-analysable images



VESSEL SIZE

TROFI trial
N=46 LMA OCT runs
% analysable quadrants

No. of frames with out-of-view phenomenon

Proximal right coronary artery, n (%)	56/5,488 (1.0)
≤1 quadrant, n (%)	56/5,488 (1.0)
>1 quadrant and ≤2 quadrants, n (%)	0/5,488 (0)
>2 quadrants and ≤3 quadrants, n (%)	0/5,488 (0)
>3 quadrants and ≤4 quadrants, n (%)	0/5,488 (0)
Left main stem, n (%)	306/3,443 (8.9)
≤1 quadrant, n (%)	68/3,443 (2.0)
>1 quadrant and ≤2 quadrants, n (%)	212/3,443 (6.2)
>2 quadrants and ≤3 quadrants, n (%)	26/3,443 (0.8)
>3 quadrants and ≤4 quadrants, n (%)	0/3,443 (0)

LMA was not entirely analyzed in
only 9% of the cases



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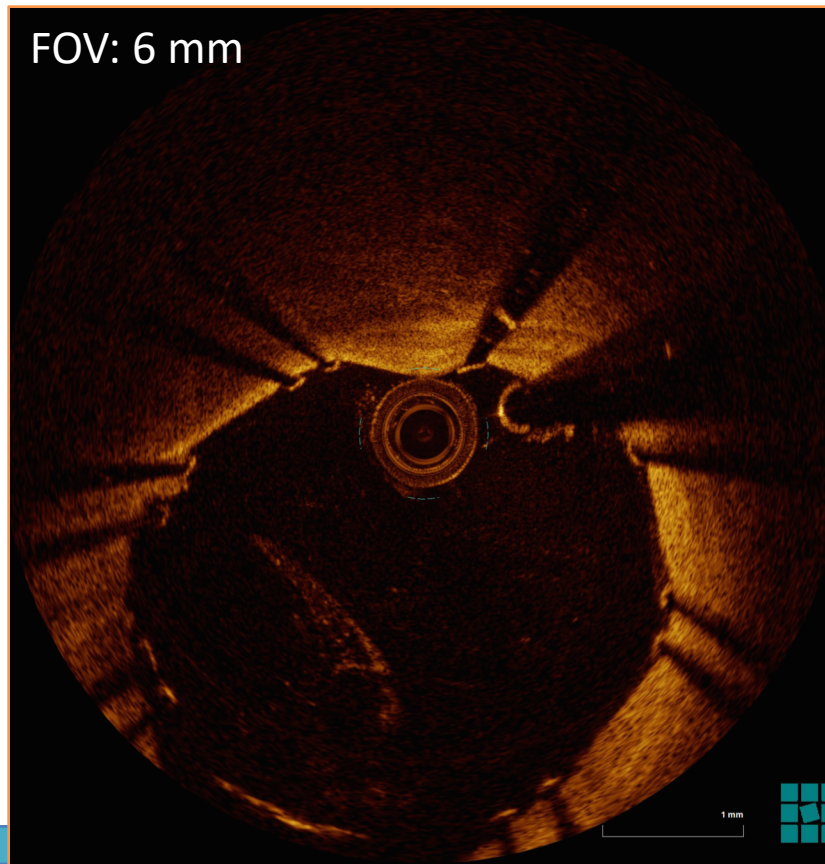
TIPS & TRICKS FOR LM OCT ANALYSIS

TIPS & TRICKS FOR SUCCESSFUL LM OCT ANALYSIS

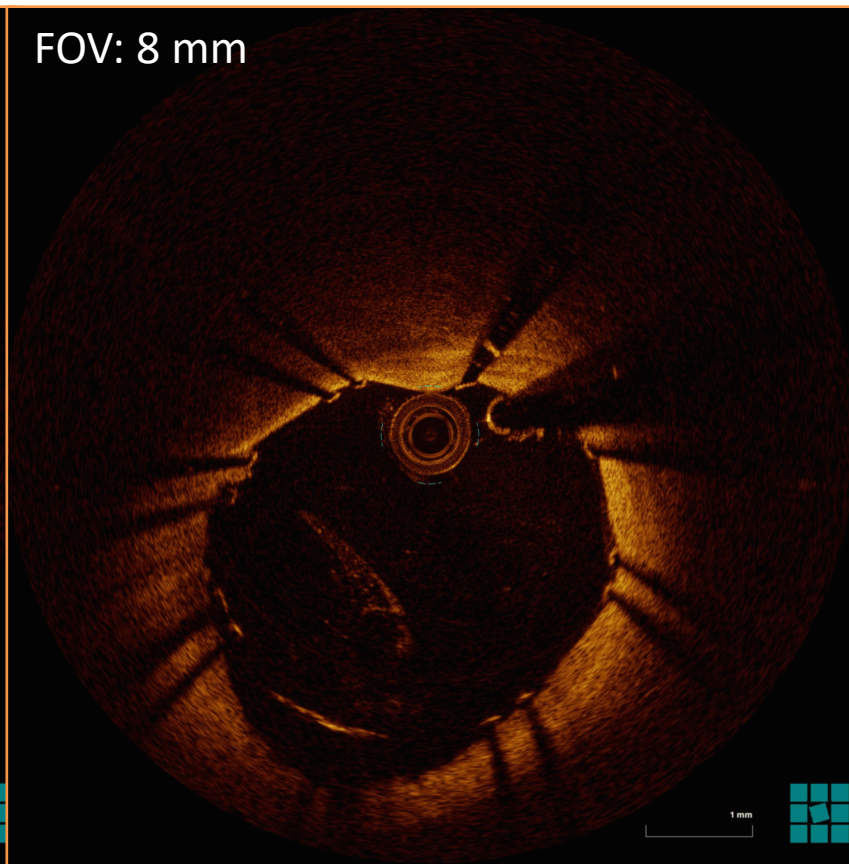
- **Avoid « aggressive » guiding catheter (EBU / AL)**
- **Increase Field of view**
- **Improve flush quality**

Large vessel ? Increase field of view !

FOV: 6 mm



FOV: 8 mm

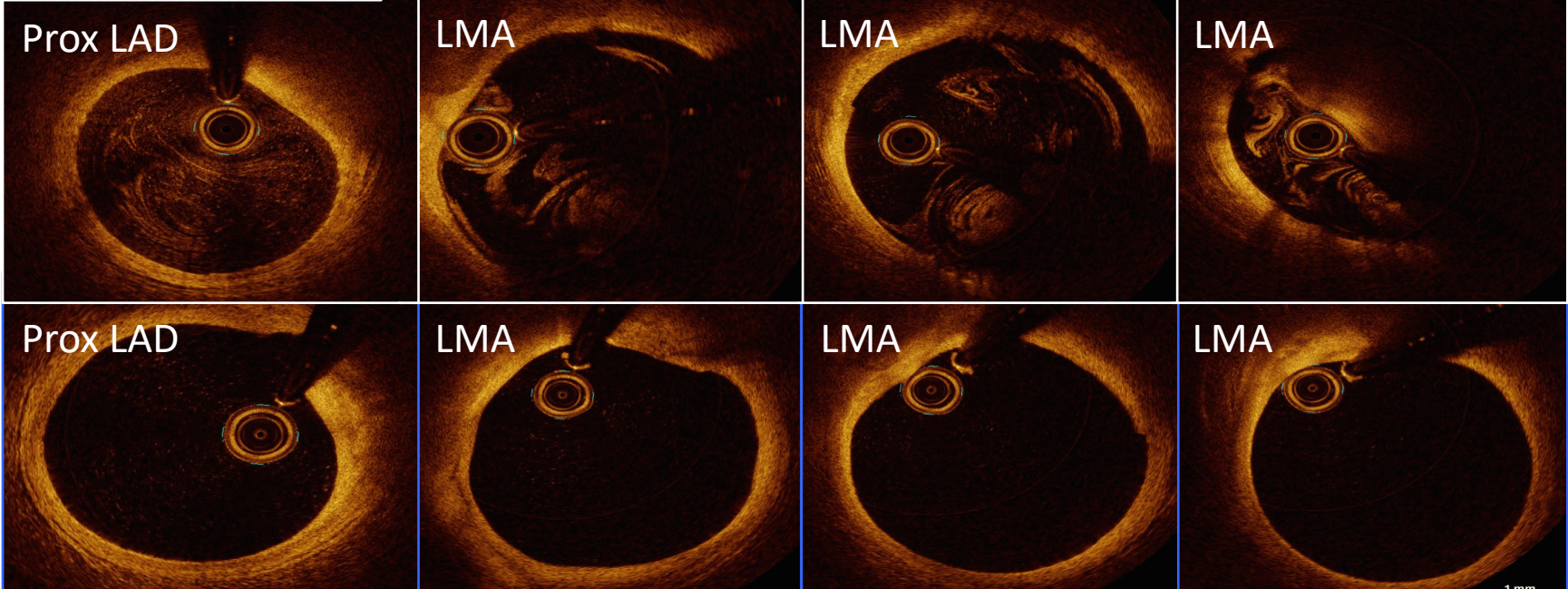


Decrease Artefacts? Improve flush quality!

- **Coaxial Injection**
- **Try to get a proper contrast injection with no blood during 5 s !**
- **Contrast medium volume: 20-25 ml**
- **Injection debit: 4 – 5 ml/ s**

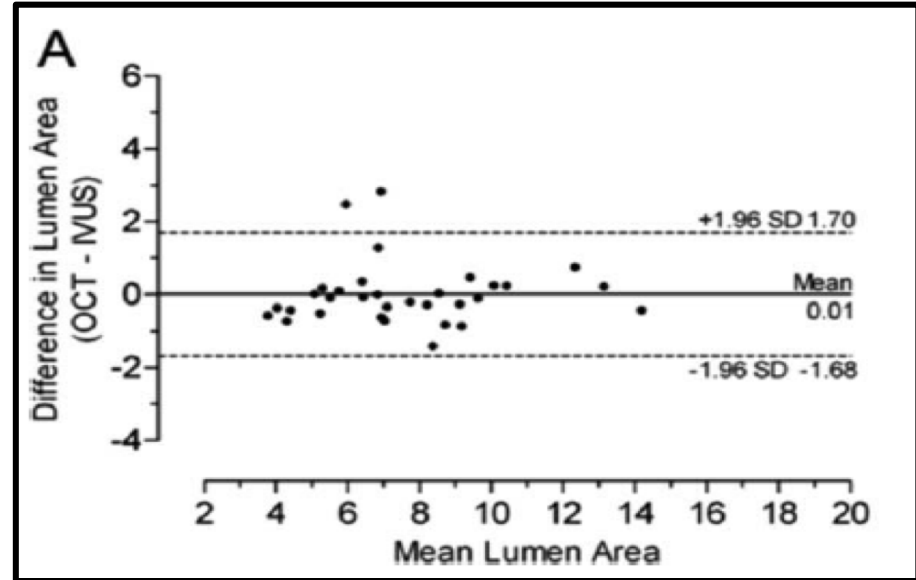
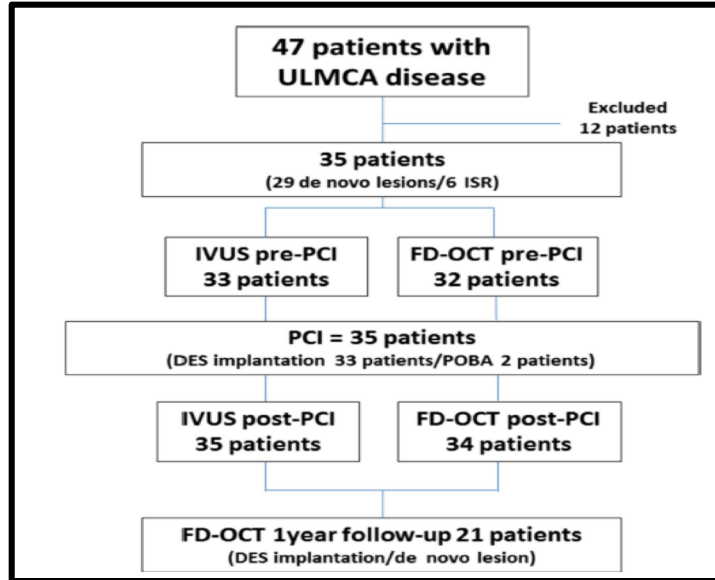
Burzotta et al., Eurointervention 2015

INJECTION 15 cc



INJECTION 25 cc

LM dimensions quantifications: OCT vs. IVUS

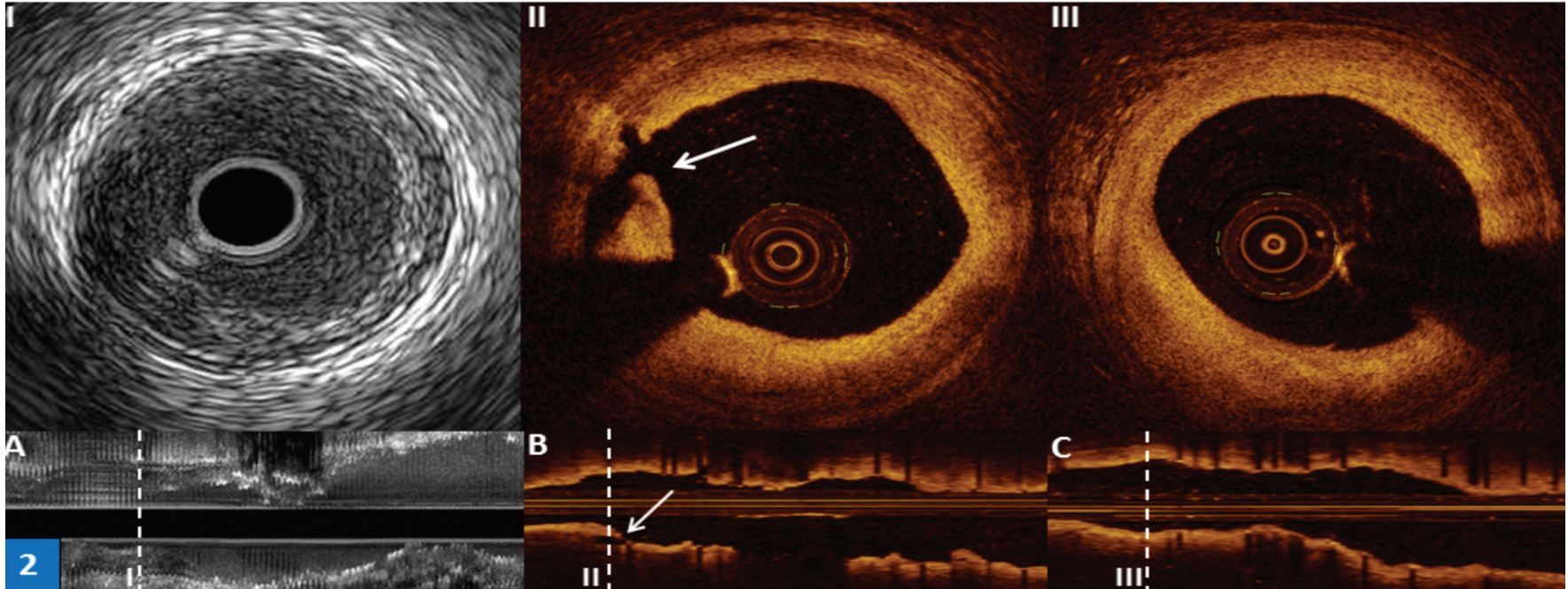


LM analysis by OCT is feasible

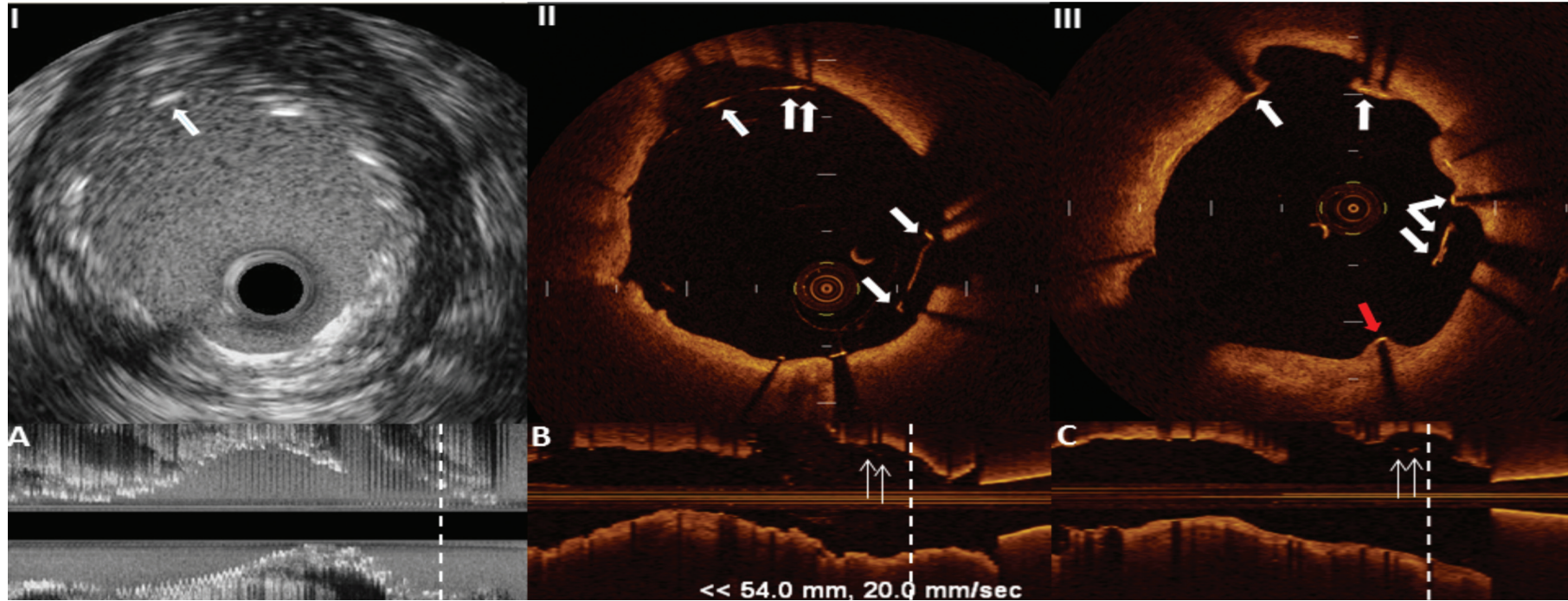
Assessment of LM dimensions by IVUS and OCT are well correlated

Lumen Areas measured by OCT (10.8 ± 2.5) are smaller than in IVUS (11.2 ± 2.6 mm²)

LM PCI quality assessment : OCT vs. IVUS



LM PCI quality assessment : OCT vs. IVUS



LM PCI quality assessment : OCT vs. IVUS

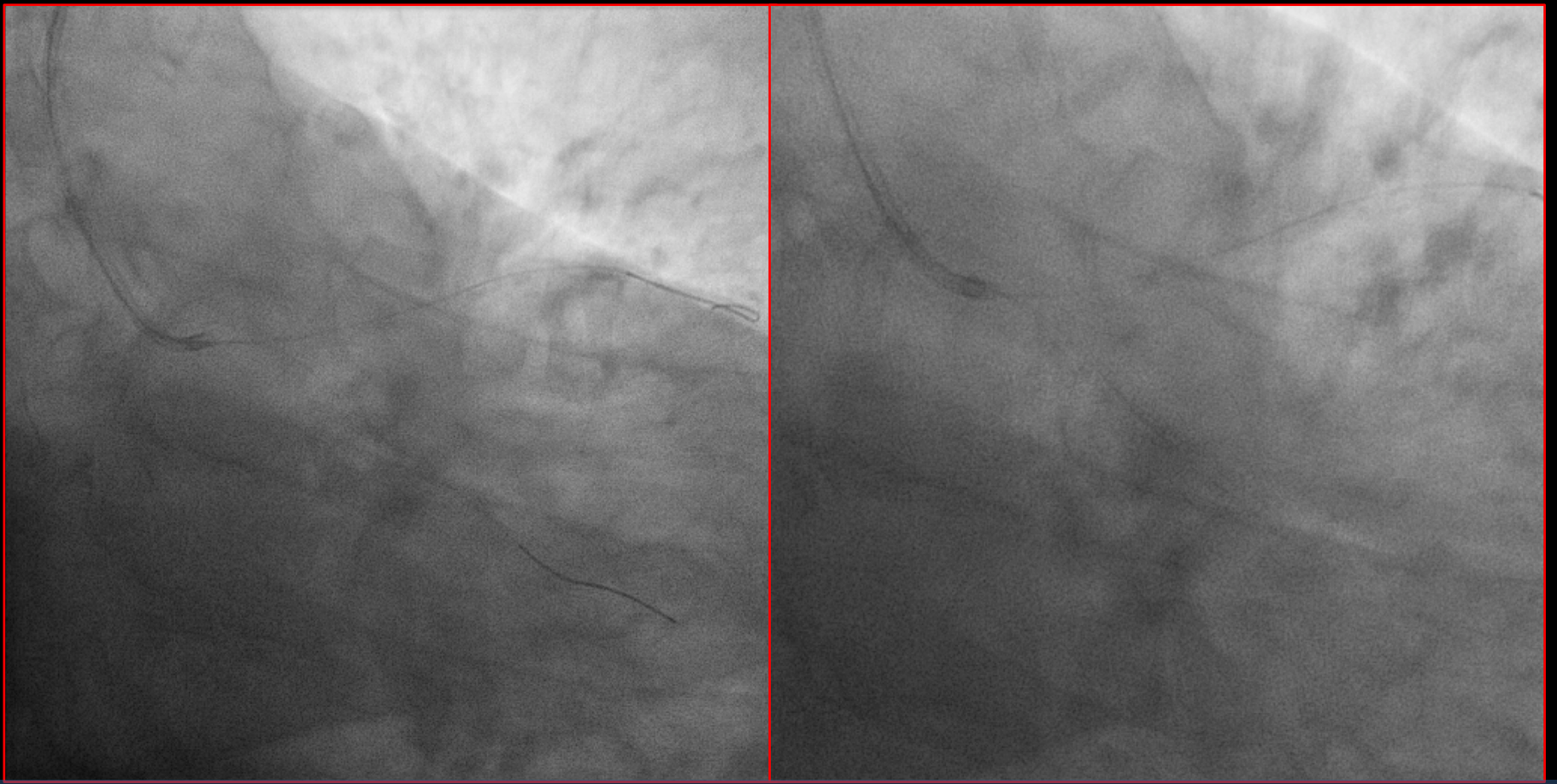
	IVUS	FD-OCT	P-value
Pre-PCI			
<i>Lesion completeness</i>			
Proximal completeness, n (%)	31 (93.9)	4 (12.5)	<0.001
Distal completeness, n (%)	33 (100)	29 (90.6)	0.081
Total length (mm)	21.89 ± 10.44	20.72 ± 10.05	0.010
ULM body length (mm)	7.53 ± 3.57	6.45 ± 3.35	0.002
<i>Lumen area (mm²)</i>			
Mean	7.58 ± 2.61	7.60 ± 2.63	0.936
Min	3.46 ± 1.66	2.94 ± 1.77	0.002
Intraluminal thrombus, n (%) PRE	0 (0.00)	3 (9.4)	0.081
Vessel out of screen, n (%)	NA	1 (0.1)	NA

	IVUS	FD-OCT	P-value
Post-PCT			
<i>Lumen area (mm²)</i>			
Mean	10.85 ± 2.47	11.24 ± 2.66	0.132
Min	7.21 ± 2.23	7.18 ± 2.15	0.875
<i>Stent area (mm²)</i>			
Mean	10.44 ± 2.33	10.49 ± 2.32	0.821
Min	6.88 ± 2.03	6.79 ± 2.09	0.534
<i>Reference</i>			
<i>Lumen area (mm²)</i>	7.81 ± 2.71	7.94 ± 2.37	0.641
Tissue protruding area (mm ²)	0.11 ± 0.07	0.23 ± 0.09	<0.001
Malapposition area (mm ²)	0.12 ± 0.36	0.43 ± 0.51	<0.001
Malapposition volume (mm ³)	1.95 ± 5.69	7.73 ± 7.60	<0.001
Intraluminal thrombus, n (%)	0 (0.00)	2 (5.9)	0.154
Proximal edge dissection, n (%)	0 (0.00)	1 (3.0)	0.317
Distal edge dissection, n (%)	2 (6.1)	10 (30.3)	0.011

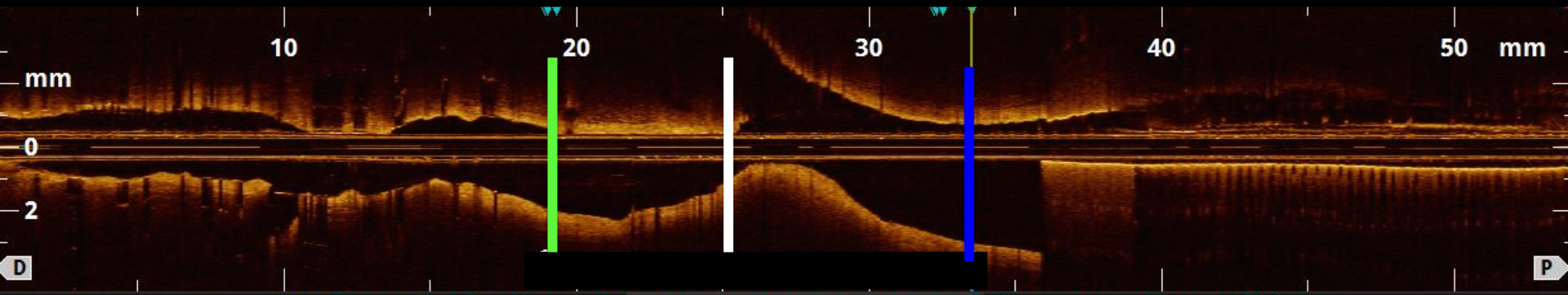
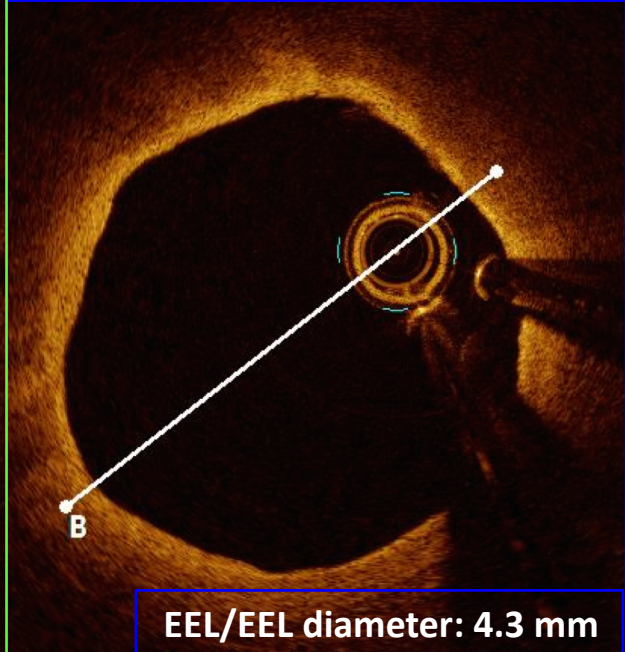
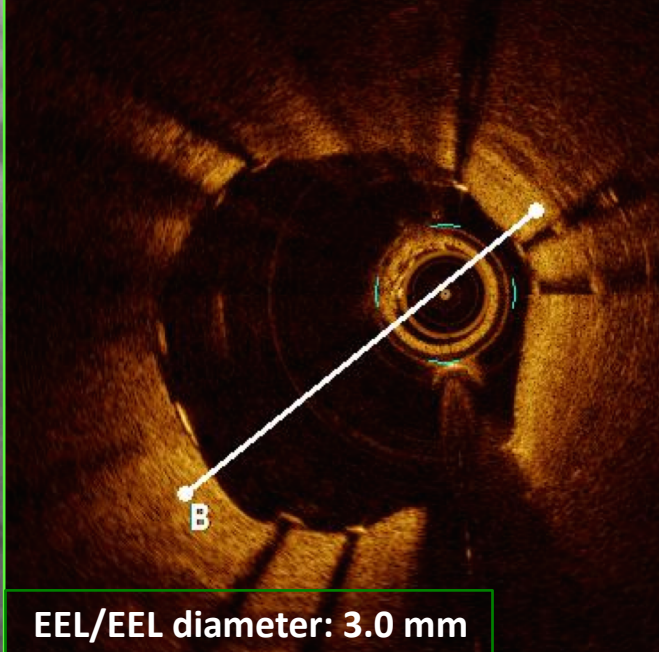
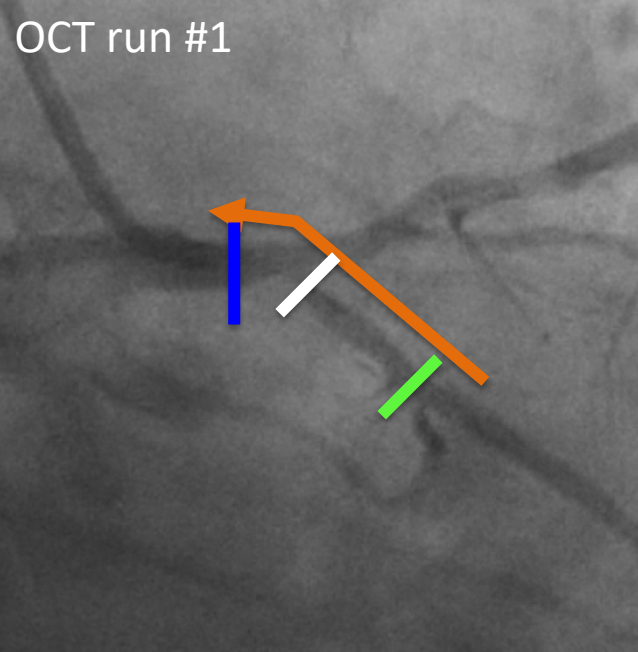


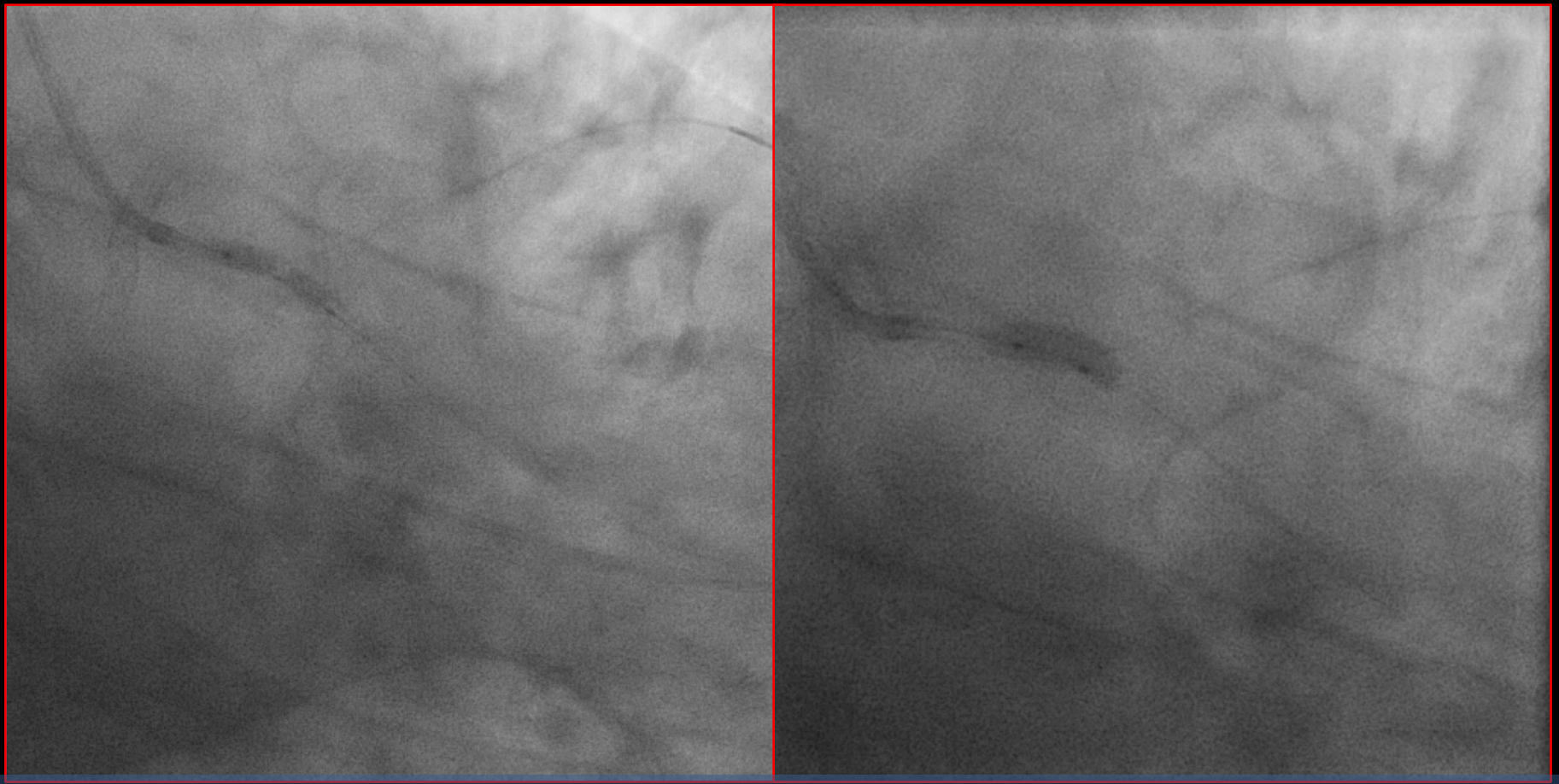
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OCT guided LM PCI in daily practice



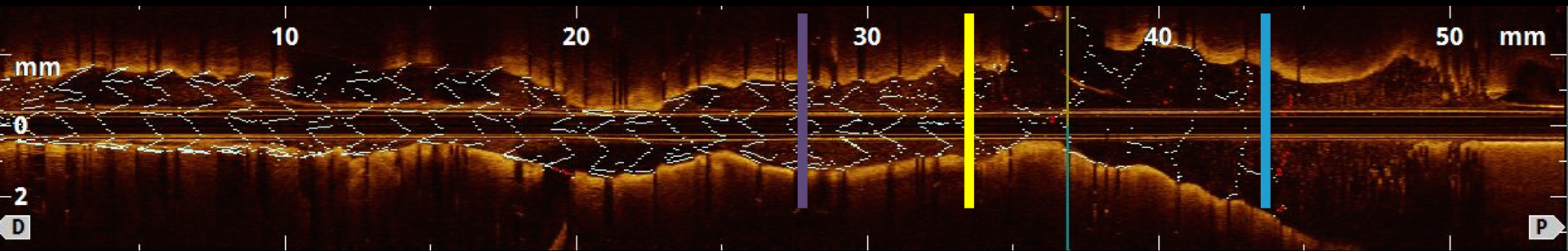
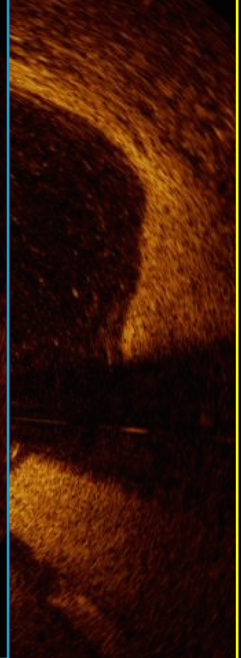
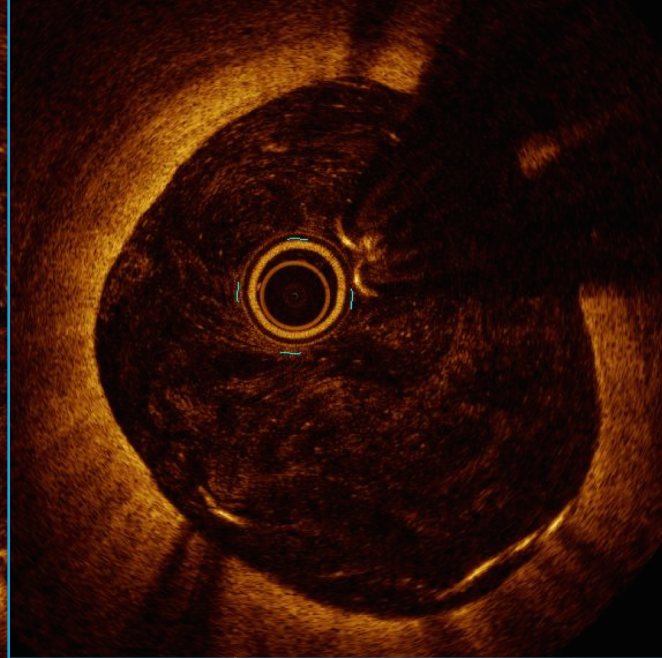
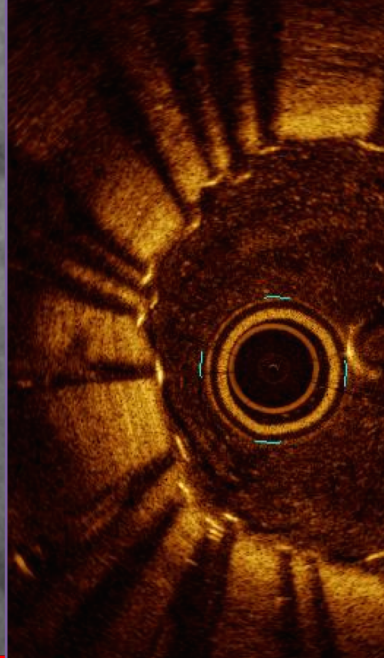
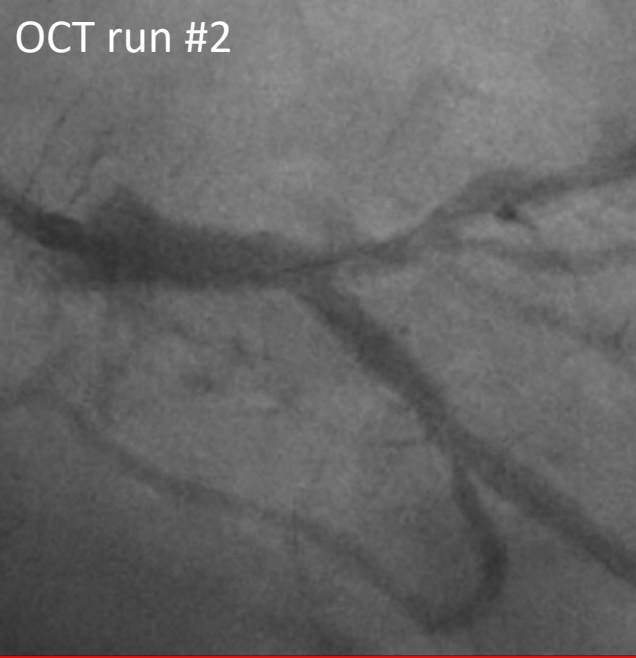
- Medina 1-0-1 LM/ Cx + OM1 stenoses
- OM1 PCI with EES 2.75 x 23 mm implantation



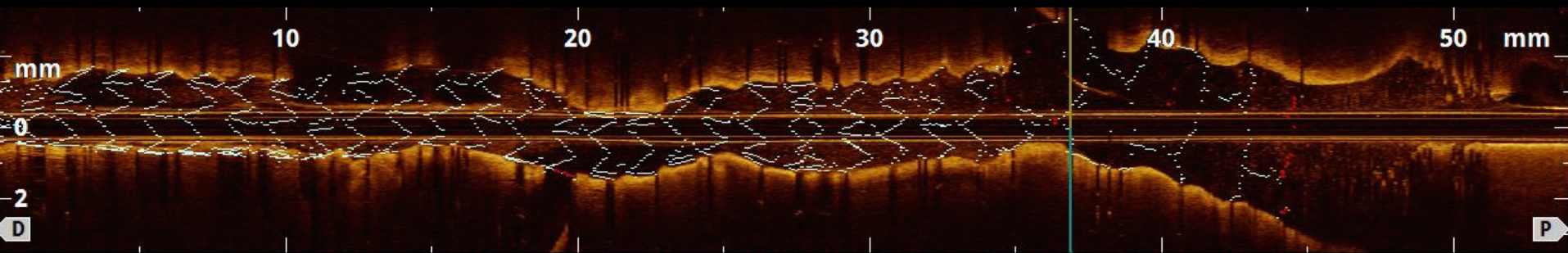
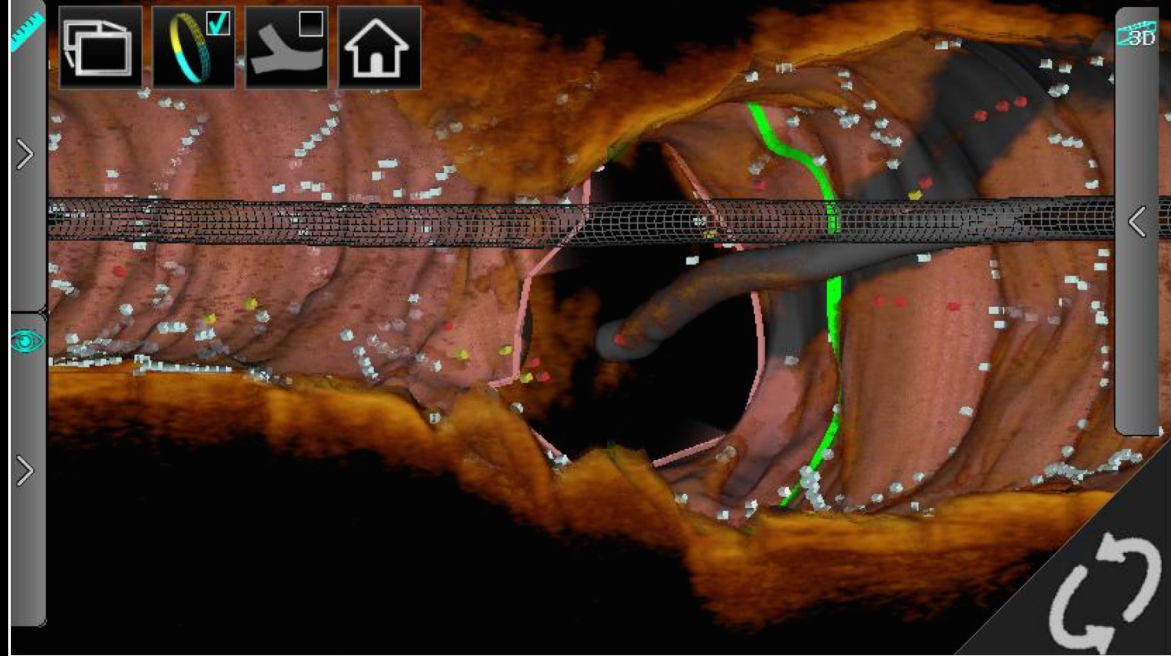
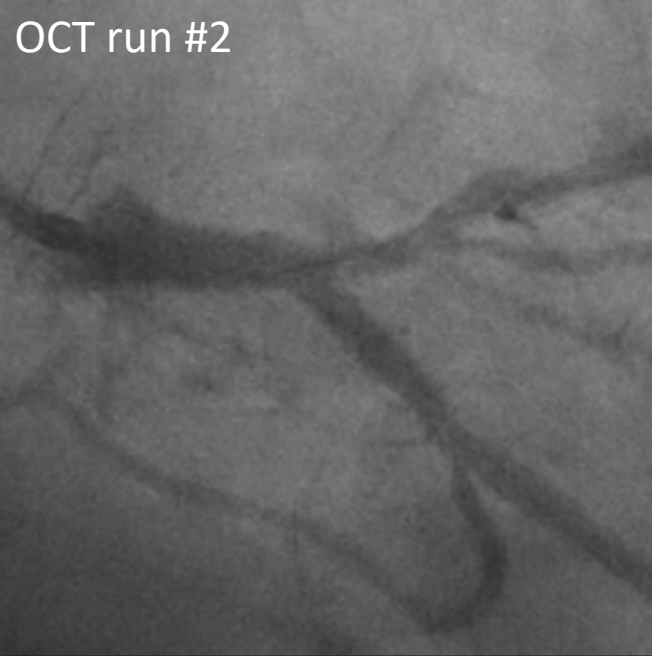


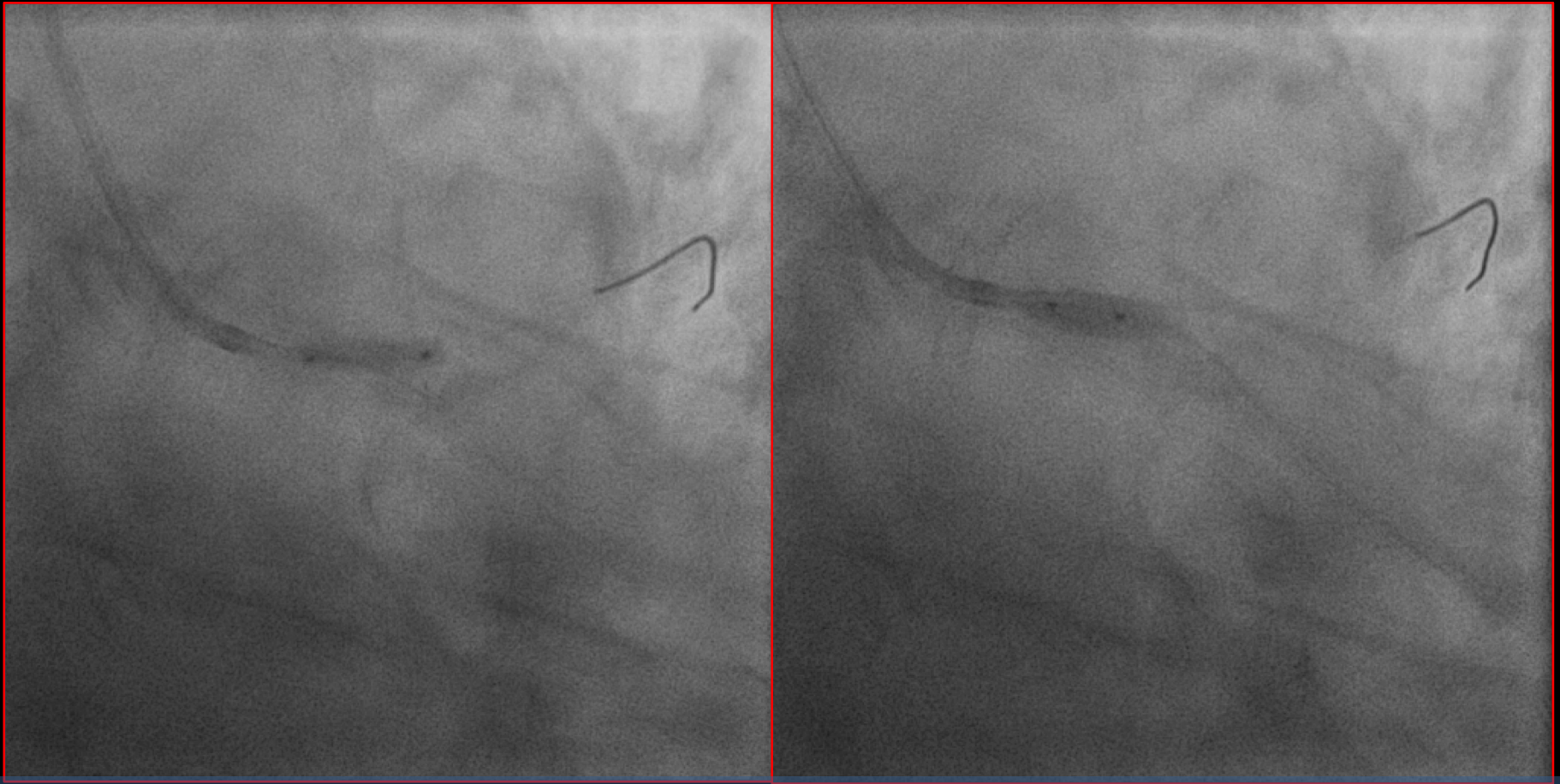
- Distal LM to Ost Cx PCI with EES 3.0 x 15 mm
- POT with NC balloon 4.5 x 6 mm (2 inflations) & wires exchange

OCT run #2

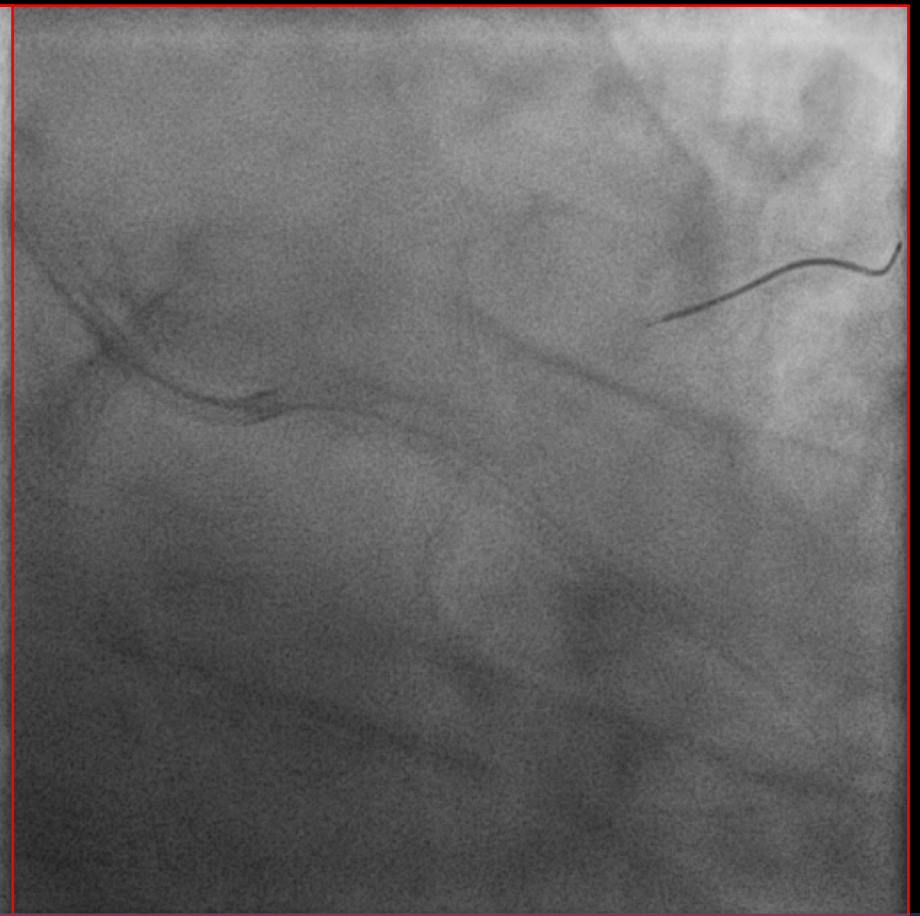


OCT run #2



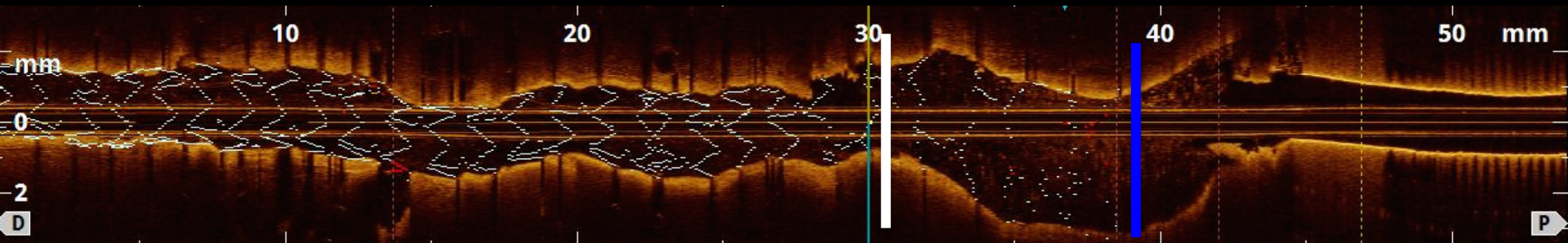
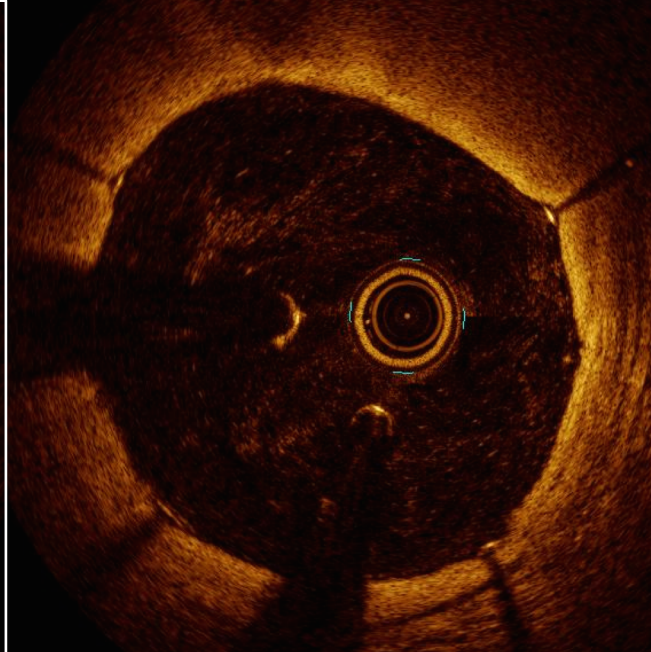
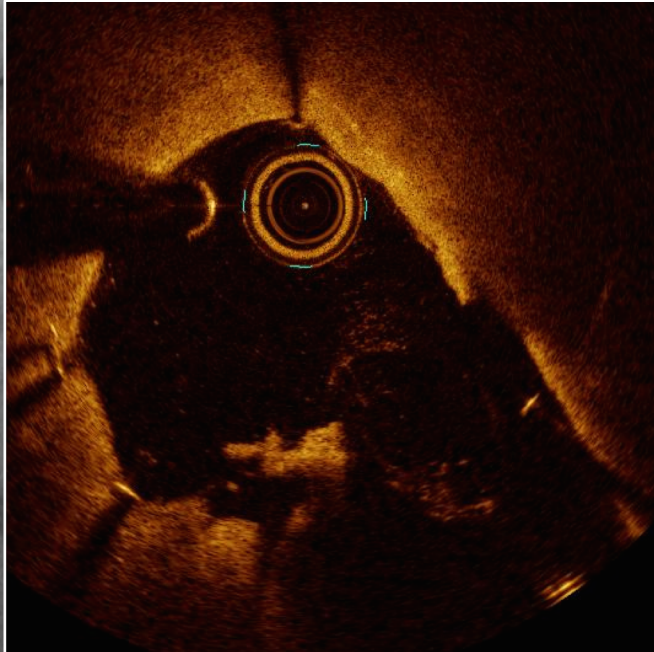


- Side dilatation towards LAD with NC balloon 3.0 x 12 mm
- RePOT with NC balloon 4.5 x 6 mm

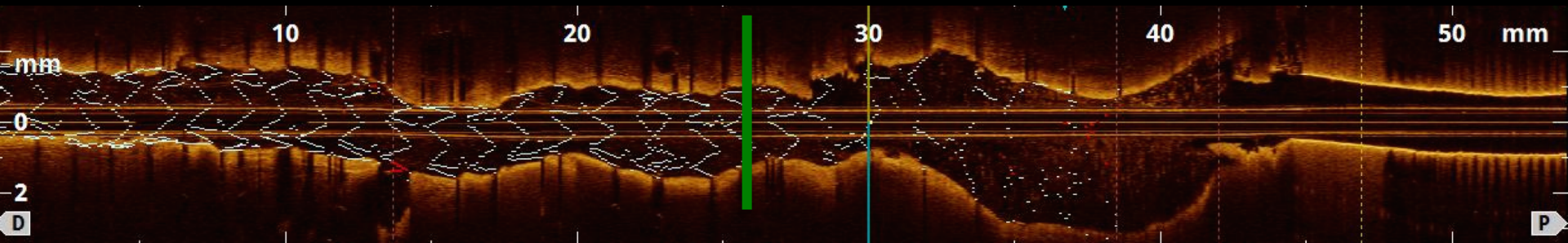
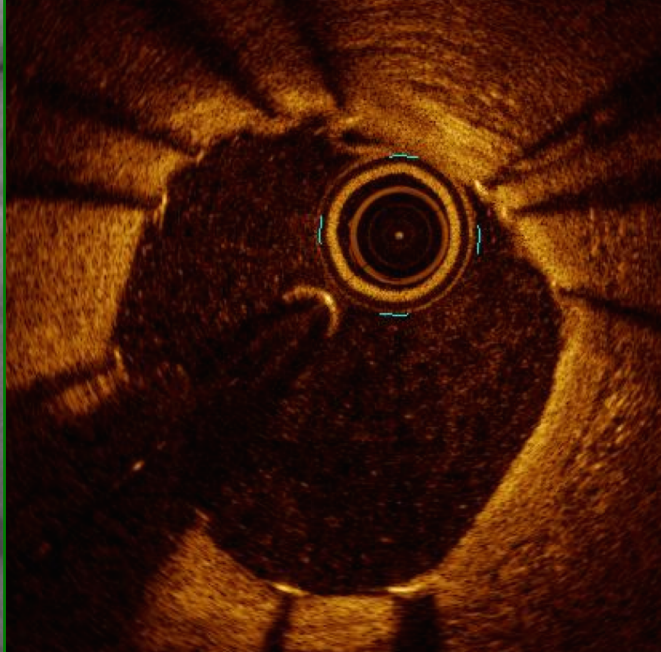


- Ostial Cx post dilation with NC balloon 3.0 x 12 mm
- Final result

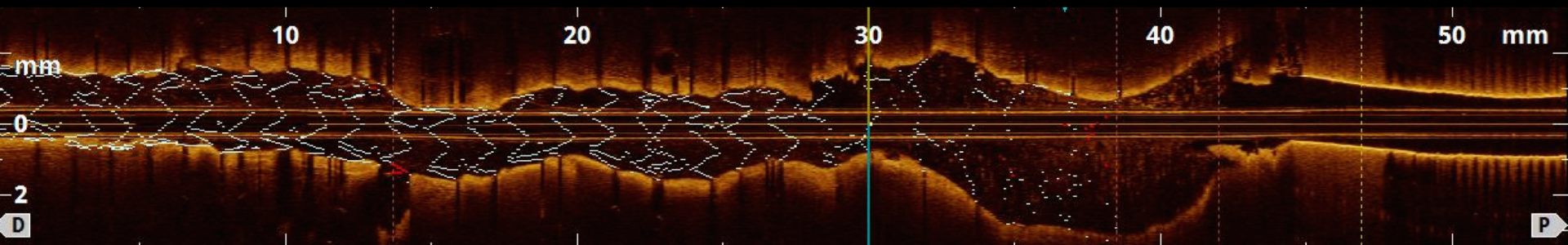
OCT run #3



OCT run #3



OCT run #3



LEMON

LEft Main Oct-guided iNterventions

- **Prospective, multicentre study**
- **Main objective: To evaluate the feasibility of standardized OCT-guided LM PCI using XIENCE EES & 3D OCT protocols**
- **Secondary objectives: To evaluate the safety & efficiency of standardized OCT-guided LM PCI**



Left Main OCT-guided PCI

- LM OCT-guided PCI is feasible and appears to be an attractive option to optimize results.
- Ostial LM disease is currently a limitation of OCT analysis
- OCT-guided PCI is more sensitive than IVUS to detect early abnormalities.
- This option has to be evaluated in future clinical studies.

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